

Find Sleep Again™ with DAYVIGO®

a prescription medicine for adults who have
trouble falling or staying asleep (insomnia).



DAYVIGO
(lemborexant)  5mg, 10mg tablets

SELECTED SAFETY INFORMATION

Do not take DAYVIGO if you fall asleep often
at unexpected times (narcolepsy).

**Please see Selected Safety Information
throughout and the Important Facts about
DAYVIGO on pages 16 to 19.**

If you're searching for sleep, you're not alone.

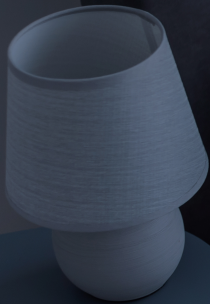
1 out of 3 adults say they have insomnia symptoms.

Insomnia, an inability to fall and/or stay asleep, can be influenced by many things. Some may include your lifestyle, sleep routine and habits, the environment around you, and factors such as the ability to turn wake signals in the brain up or down.



When you have insomnia, you know the struggle. No matter how much caffeine you cut throughout the day, how well you prepare for bed, or how calming your nighttime routine, it's still difficult to fall asleep. And when you finally do, you might wake up during the night and have a tough time falling back to sleep again.

It becomes a frustrating, exhausting cycle—especially if you've been dealing with it for a long time. Not to mention the isolation you feel because no one quite understands what you're going through.



About DAYVIGO®

DAYVIGO can help you sleep better.

It was proven in clinical studies to help people:



**Fall
Asleep
Faster**



**Stay
Asleep
Longer**

SELECTED SAFETY INFORMATION

DAYVIGO may cause serious side effects including:

- **decreased awareness and alertness.** The morning after you take DAYVIGO, your ability to drive safely and think clearly may be decreased. You may also have sleepiness during the day. Do not take more DAYVIGO than prescribed. Do not take DAYVIGO unless you are able to stay in bed for a full night (at least 7 hours) before you must be active again. Take DAYVIGO right before going to bed.

DAYVIGO
(lemborexant) (IV) 5mg, 10mg tablets

Please see Selected Safety Information throughout and Important Facts about DAYVIGO on pages 16 to 19.



**Want to receive
updates from DAYVIGO?**

Visit dayvigo.com/sign-up to join our email list and have information and updates sent to your inbox.

About DAYVIGO®

Falling asleep or staying asleep with DAYVIGO may be different than what you've experienced in the past.



**Blocks
Wake Signals**

DAYVIGO is thought to treat insomnia by **blocking orexin signals in the brain, which are believed to play a role in wakefulness.**



**Suggests No
Physical Dependence**

In clinical trials, DAYVIGO did not lead to signs or symptoms of withdrawal after discontinuation, suggesting that it does not produce physical dependence in those taking it.

SELECTED SAFETY INFORMATION

DAYVIGO is a federally controlled substance because it can be abused or cause dependence.

Keep DAYVIGO in a safe place to prevent misuse and abuse. Selling or giving away DAYVIGO may harm others and is against the law. Tell your doctor if you have ever abused or have been dependent on alcohol, prescription medicines, or street drugs.



SELECTED SAFETY INFORMATION

What should I avoid while taking DAYVIGO?

- **Do not drive**, operate heavy machinery, do anything dangerous, or other activities that require clear thinking if you take DAYVIGO and have had less than a full night of sleep (at least 7 hours) or if you have taken more DAYVIGO than prescribed by your healthcare provider.
- You may still feel drowsy the next day after taking DAYVIGO. **Do not** drive or do other dangerous activities until you feel fully awake.

Please see Selected Safety Information throughout and Important Facts about DAYVIGO on pages 16 to 19.

DAYVIGO
(lemborexant)  5mg, 10mg tablets

Pay as Little as \$10 a Month



With the DAYVIGO Instant Savings Card, you could pay as little as \$10 per month for your prescription.*



For more information and complete terms and conditions, visit dayvigo.com/prescription-savings

*Eligible commercial patients may pay as little as \$10 per month. Restrictions apply. Not available to patients enrolled in federal or state healthcare programs, including Medicare, Medicaid, Medigap, VA, DoD, or TRICARE. See complete terms and conditions.



Taking DAYVIGO®



DAYVIGO is available in 5mg and 10mg doses. Take DAYVIGO exactly as your healthcare provider tells you to take it.



DAYVIGO should be taken no more than once per night immediately before going to bed, and only when you know you're able to get at least 7 hours of sleep. DAYVIGO may take longer to work if you take it with or soon after a meal.



If you are just getting started on DAYVIGO, give it a trial of at least a week to see how it's working and be sure to talk with your healthcare provider about how your experience is going.

SELECTED SAFETY INFORMATION

Tell your healthcare provider about all of the medicines you take, including prescription and over-the-counter medicines, vitamins and herbal supplements.

- Taking DAYVIGO with certain other medicines can cause serious side effects. DAYVIGO may affect the way other medicines work and other medicines may affect the way DAYVIGO works.
- **Do not take DAYVIGO with other medicines that can make you sleepy unless your healthcare provider tells you to.**

Please see Selected Safety Information throughout and Important Facts about DAYVIGO on pages 16 to 19.

DAYVIGO
(lemborexant) IV 5mg, 10mg tablets

Support for Your Sleep Journey

With DAYVIGO, you have access to many tools and resources to help you make the most of your treatment.



Get Support

Learn how to work toward setting goals that help you and your loved ones deal with the impact of insomnia. Access resources at dayvigo.com/patient-support



Go to dayvigo.com for more information, support, tips, and an instant savings offer.

SELECTED SAFETY INFORMATION

DAYVIGO may cause serious side effects, including:

- temporary inability to move or talk (sleep paralysis) for up to several minutes while you are going to sleep or waking up
- temporary weakness in your legs that can happen during the day or at night
- complex sleep behaviors such as sleep-walking, sleep-driving, preparing and eating food, making phone calls, having sex or doing other activities while not fully awake that you may not remember the next morning.
- worsening depression and suicidal thoughts have happened during treatment with DAYVIGO.

The most common side effect of DAYVIGO is sleepiness.

These are not all of the possible side effects of DAYVIGO. Call your doctor for medical advice and if you have any new or worsening side effects.

DAYVIGO
(lemborexant) IV 5mg, 10mg tablets

Please see Selected Safety Information throughout and Important Facts about DAYVIGO on pages 16 to 19.

Sleep and Waking Tips

In addition to taking DAYVIGO, here are a few things you can do to help yourself sleep:

- Stick to a sleep schedule with the same bedtime and wake-up time, even on the weekends.
- Create a relaxing ritual and prepare your bedroom: turn off lights, remove your phone or laptop, and keep it cool (between 60°F and 70°F).
- Exercise daily to keep your body healthy and on a good rhythm.
- Avoid cigarettes, alcohol, and meals in the evening for at least two to three hours before you plan to go to bed. Avoid alcohol use on days you plan on taking DAYVIGO. It also may take longer to work if you take DAYVIGO with or soon after a meal.

SELECTED SAFETY INFORMATION

What should I avoid while taking DAYVIGO?

- Do not drink alcohol** while taking DAYVIGO. It can increase your chances of getting serious side effects.

Before taking DAYVIGO, tell your healthcare provider about all of your medical conditions, including if you:

- have a history of depression, mental illness, or suicidal thoughts; drug or alcohol abuse or addiction; a sudden onset of muscle weakness (cataplexy); daytime sleepiness
 - have lung problems or breathing problems
 - have liver problems
 - are pregnant or plan to become pregnant
 - are breastfeeding or plan to breastfeed.
- DAYVIGO passes into your breastmilk.



Visit dayvigo.com for more tips, information, and support

Including an instant savings offer where eligible patients may pay as little as \$10 per month for their DAYVIGO prescription.*



*Eligible commercial patients may pay as little as \$10 per month. Restrictions apply. Not available to patients enrolled in federal or state healthcare programs, including Medicare, Medicaid, Medigap, VA, DoD, or TRICARE. See complete terms and conditions.

Please see Selected Safety Information throughout and Important Facts about DAYVIGO on pages 16 to 19.

DAYVIGO
(lemborexant)  5mg, 10mg tablets

Frequently Asked Questions (FAQs)

You probably still have some questions about DAYVIGO. Below are some of the most common ones we've been asked.

Is DAYVIGO FDA-approved?

Yes. DAYVIGO is an FDA-approved prescription medicine for adults who have trouble falling and/or staying asleep (insomnia). It is available in a 5mg or 10mg dose.

What is the most common side effect?

The most common side effect of DAYVIGO is sleepiness. Talk to your healthcare provider for more information or if you experience any side effects.

What happens if I stop taking DAYVIGO?

In clinical trials, it was suggested that rebound insomnia was not associated with discontinuing use of DAYVIGO, meaning insomnia did not get worse than what it was before. People taking DAYVIGO also did not show withdrawal signs or symptoms after they stopped taking it.

Will DAYVIGO affect my ability to drive?

In a study of adults without insomnia, there was no significant impairment in driving performance the morning after taking DAYVIGO. Impairment was seen in some people taking the 10mg dose. DAYVIGO may cause serious side effects, including decreased awareness and alertness. The morning after you take DAYVIGO, your ability to drive safely and think clearly may be decreased. You may also have sleepiness during the day. Do not take more DAYVIGO than prescribed. Do not take DAYVIGO unless you are able to stay in bed for a full night (at least 7 hours) before you must be active again. Take DAYVIGO right before going to bed.



Please see Selected Safety Information throughout and Important Facts about DAYVIGO on pages 16 to 19.



What should I avoid while taking DAYVIGO?

Do not drink alcohol while taking DAYVIGO. It can increase your chances of getting serious side effects. Do not drive, operate heavy machinery, do anything dangerous, or do other activities that require clear thinking if you take DAYVIGO and have had less than a full night of sleep (at least 7 hours), or if you have taken more DAYVIGO than prescribed by your healthcare provider. You may still feel drowsy the next day after taking DAYVIGO. Do not drive or do other dangerous activities until you feel fully awake.

Is DAYVIGO addictive?

In clinical trials, DAYVIGO did not lead to signs or symptoms of withdrawal after discontinuation, suggesting that it does not produce physical dependence in those taking it. DAYVIGO is a federally controlled substance because it can be abused or cause dependence. If you have a history of abuse or addiction to alcohol or other drugs, you may have an increased risk and should talk to your healthcare provider before taking DAYVIGO. Keep DAYVIGO in a safe place to prevent misuse and abuse. Selling or giving away DAYVIGO may harm others and is against the law. Tell your doctor if you have ever abused or have been dependent on alcohol, prescription medicines, or street drugs.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

Important Facts



DAYVIGO® (daye-vi'-goe)
(lemborexant)
tablets, for oral use, CIV

What is the most important information I should know about DAYVIGO?

DAYVIGO may cause serious side effects including:

- **Decreased awareness and alertness.** The morning after you take DAYVIGO, your ability to drive safely and think clearly may be decreased. You may also have sleepiness during the day.
 - » Do not take more DAYVIGO than prescribed.
 - » Do not take DAYVIGO unless you are able to stay in bed for a full night (at least 7 hours) before you must be active again.
 - » Take DAYVIGO right before going to bed.

See **"What are the possible side effects of DAYVIGO?"** for more information about side effects.

What is DAYVIGO?

- DAYVIGO is a prescription medicine for adults who have trouble falling or staying asleep (insomnia).
- It is not known if DAYVIGO is safe and effective in children under the age of 18 years.

DAYVIGO is a federally controlled substance (CIV) because it can be abused or cause dependence. Keep DAYVIGO in a safe place to prevent misuse and abuse. Selling or giving away DAYVIGO may harm others and is against the law. Tell your doctor if you have ever abused or have been dependent on alcohol, prescription medicines or street drugs.

Who should not take DAYVIGO?

Do not take DAYVIGO if you fall asleep often at unexpected times (narcolepsy).

Before taking DAYVIGO, tell your healthcare provider about all of your medical conditions, including if you:

- have a history of depression, mental illness, or suicidal thoughts.
- have a history of drug or alcohol abuse or addiction.
- have a history of a sudden onset of muscle weakness (cataplexy).
- have a history of daytime sleepiness.
- have lung problems or breathing problems
- have liver problems
- are pregnant or plan to become pregnant. It is not known if DAYVIGO can harm your unborn baby.

Pregnancy Registry: There is a pregnancy registry for women who are exposed to DAYVIGO during pregnancy. The purpose of this registry is to collect information about the health of you and your baby. For more information or to participate in the registry, call 1-888-274-2378. Talk with your healthcare provider about the risk to your unborn baby if you take DAYVIGO during pregnancy.

- are breastfeeding or plan to breastfeed. DAYVIGO passes into your breastmilk. Talk to your healthcare provider about the best way to feed your baby during treatment with DAYVIGO.

Tell your healthcare provider about all of the medicines you take, including prescription and over-the-counter medicines, vitamins and herbal supplements.

- Taking DAYVIGO with certain other medicines can cause serious side effects. DAYVIGO may affect the way other medicines work and other medicines may affect the way DAYVIGO works.
- **Do not take DAYVIGO with other medicines that can make you sleepy unless your healthcare provider tells you to.**
- Know the medicines you take. Keep a list of your medicines with you to show your healthcare provider and pharmacist each time you get a new medicine.

How should I take DAYVIGO?

- Take DAYVIGO exactly as your healthcare provider tells you to take it.
- Only take DAYVIGO one time each night, right before going to bed.
- Only take DAYVIGO when you can stay in bed for a full night (at least 7 hours).
- DAYVIGO may take longer to work if you take it with or soon after a meal.

Important Facts continued on next page.

Important Facts (cont.)



- Do not increase your dose of DAYVIGO without talking to your healthcare provider first. Call your healthcare provider if your insomnia (sleep problem) worsens or is not improved within 7 to 10 days. This may mean that there is another condition causing your sleep problem.
- If you take too much DAYVIGO, call your healthcare provider or go to the nearest hospital emergency room right away.

What should I avoid while taking DAYVIGO?

- **Do not drink alcohol** while taking DAYVIGO. It can increase your chances of getting serious side effects.
- **Do not drive**, operate heavy machinery, do anything dangerous, or do other activities that require clear thinking if you take DAYVIGO and have had less than a full night of sleep (at least 7 hours) or if you have taken more DAYVIGO than prescribed by your healthcare provider.
- You may still feel drowsy the next day after taking DAYVIGO. **Do not** drive or do other dangerous activities until you feel fully awake.

What are the possible side effects of DAYVIGO?

See **"What is the most important information I should know about DAYVIGO?"**

DAYVIGO may cause serious side effects, including:

- **temporary inability to move or talk (sleep paralysis) for up to several minutes while you are going to sleep or waking up.**
- **temporary weakness in your legs that can happen during the day or at night.**
- **complex sleep behaviors** such as sleep-walking, sleep-driving, preparing and eating food, making phone calls, having sex or doing other activities while not fully awake that you may not remember the next morning. Call your healthcare provider right away if you experience a complex sleep behavior.
- **worsening depression and suicidal thoughts have happened during treatment with DAYVIGO.**

- **Call your healthcare provider right away if you have any worsening depression or thoughts of suicide or dying.**

The most common side effect of DAYVIGO is sleepiness.

These are not all of the possible side effects of DAYVIGO. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

How should I store DAYVIGO?

- Store DAYVIGO at room temperature between 68°F to 77°F (20°C to 25°C).
- **Keep DAYVIGO and all medicines out of the reach of children.**

General information about the safe and effective use of DAYVIGO.

Medicines are sometimes prescribed for purposes other than those listed in a Medication Guide. Do not use DAYVIGO for a condition for which it was not prescribed. Do not give DAYVIGO to other people, even if they have the same symptoms that you have. It may harm them. You can ask your healthcare provider or pharmacist for information about DAYVIGO that is written for healthcare professionals.

What are the ingredients in DAYVIGO?

Active ingredient: lemborexant

Inactive ingredients: hydroxypropyl cellulose, lactose monohydrate, low-substituted hydroxypropyl cellulose, and magnesium stearate. The tablet film coating contains: hypromellose 2910, polyethylene glycol 8000, talc, titanium dioxide, and either ferric oxide yellow for the 5mg tablet; or both ferric oxide yellow and ferric oxide red for the 10mg tablet.



Get Started with DAYVIGO®

For tools and resources to help
you get started on DAYVIGO, visit
dayvigo.com/patient-support

Download your Instant Savings Card before picking
up your prescription. Eligible commercially insured
patients may pay as little as \$10 per month for
DAYVIGO. See page 8 for more information.



SELECTED SAFETY INFORMATION

Do not take DAYVIGO if you fall asleep often
at unexpected times (narcolepsy).

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